

Covid-19 Swim Procedures

Swimmer Guidelines

The RealSwim Centre is available for 121s and clinics. Please respect the below procedures to enable us to continue supporting swimmers during this time.

Parking is available directly out the front of the pool building, please drive in slowly.

All access to the Pool Office is prohibited.

Entry and exit are through the side door of the pool building (as shown in the photos below).



While we are in a peak Omicron outbreak we will be wearing masks and maintaining physical distancing guidelines, unless we feel there is a safety concern. We encourage all swimmers to come with the mindset of touching as little as possible. We will be actively cleaning between swimmers however the more cautious we all are, the lower the risk.

Please read our procedures below:

- Our preference is that swimmers using the facility are to arrive ready to swim, with togs on under clothes.
- Please wait in your car until you are invited to come into the building.
- Swimmers must sign in using the QR Code.
- Swimmers must wear a face mask when arriving and departing.
- Please sanitize your hands on arrival either with your own sanitizer, or sanitizer provided.
- Do not touch the entry gate or pool entry door, both will be pre opened for your easy access.
- If you would like, you can use the shower poolside before entering the pool. The shower handle will have been sanitized.
- Enter the pool carefully, there is no hand rail on the steps.

Post swim;

- If you would like your session to remain contactless then after the lesson you can use the poolside shower and then exit through the side door back to your car.
- Alternatively, you will be able to access the shower room and toilet facilities, which will be cleaned after use. Please note the dry room is off limits.

121 specific info:

- If you are having a 121 please note we will still be maintaining physical distancing to give all of our clients peace of mind. This includes changes to the way we do video analysis review. Please ask us if you have any questions about this.

Final message from us:

If you are feeling unwell for any reason, or if someone you have come into contact with is feeling unwell, please contact us immediately and do not come to the RealSwim Centre. We will be happy to reschedule and will waive the cancellation rules for illness related issues.

We have a register in the office and will be maintaining track and trace information. We do not expect you to sign this as you will have booked online pre swim – but please do use the QR scan on arrival. Enjoy your swim and please be responsible and respectful to everyone by being cautious with your daily routines.

Regards,
The Fitandabel team